

WOMBWELL SPORTING ATHLETIC CLUB VETERAN (CLUB TRACK AND FIELD RECORDS

THESE ARE NOT COMPLETE BY A LONG WAY BUT I HAVE MADE A START

100 METRES

MALE VET OVER 40	ROBERT CAWKWELL	13.06	ROTHERHAM	1996
MALE VET OVER 45				
MALE VET OVER 50	DAVE ALLEMBY	16.2	DONCASTER	2009
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35	AMANDA HUNT	14.4	WOMBWELL	2003
LADY VET OVER 40	AMANDA HUNT	14.9	ROTHERHAM	2009
LADY VET OVER 45				

200 METRES

MALE VET OVER 40	ROBERT CAWKWELL	29.9	CUDWORTH	1996
MALE VET OVER 45				
MALE VET OVER 50	DAVE ALLEMBY	33.9	DONCASTER	2009
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40	AMANDA HUNT	31.2	DONCASTER	2009
LADY VET OVER 45				

400 METRES

MALE VET OVER 40	ROBERT CAWKWELL	69.0	SHEFFIELD	1996
MALE VET OVER 45				
MALE VET OVER 50	DAVE ALLEMBY	74.6	DONCASTER	2009
MALE VET OVER 55				
MALE VET OVER 60	BRIAN SAGAR	99.9	WOMBWELL	2008
LADY VET OVER 35				
LADY VET OVER 40	GAIL COLVILLE	79.8	WOODBURN	2009
LADY VET OVER 45				

800METRES

MALE VET OVER 40	DAVE ALLEMBY	2.25.4	LINCOLN	1999
MALE VET OVER 45	DAVE ALLEMBY	2.30.9	HULL	2002
MALE VET OVER 50	DAVE ALLEMBY	2.41.3	WOMBWELL	2006
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40	GAIL COLVILLE	3.02.7	WOODBURN	2009
LADY VET OVER 45				

1500 METRES

MALE VET OVER 40	DAVE ALLEMBY	4.42.4	CUDWORTH	1996
MALE VET OVER 45	DAVE ALLEMBY	4.56.4	HULL	2002
MALE VET OVER 50	DAVE ALLEMBY	5.17.7	GRIMSBY	2006
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40	GAIL COLVILLE	5.58.8	DONCASTER	2009
LADY VET OVER 45				

3000 METRES

MALE VET OVER 40	DAVE ALLEMBY	10.21.2	WOODBURN	1999
MALE VET OVER 45	DAVE ALLEMBY	10.30.0	CUDWORTH	2002
MALE VET OVER 50	DAVE ALLEMBY	11.21.6	WOODBURN	2006
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40	GAIL COLVILLE	12.33.4	WOODBURN	2009
LADY VET OVER 45				

5000 METRES

MALE VET OVER 40	DAVE ALLEMBY		17.21.8	CUDWORTH	1996
MALE VET OVER 45	DAVE ALLEMBY		17.43.8	CUDWORTH	2002
MALE VET OVER 50	DAVE ALLEMBY		19.10.2	GRIMSBY	2006

MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35

LADY VET OVER 40

LADY VET OVER 45

10000 METRES

MALE VET OVER 40	DAVE ALLEMBY		36.38.34	CHESTER LE ST.	1999
MALE VET OVER 45	DAVE ALLEMBY		41.18.4	ROTHERHAM	2004
MALE VET OVER 50	DAVE ALLEMBY		39.47.10	CUDWORTH	2006

MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35

LADY VET OVER 40

LADY VET OVER 45

10 MILES

MALE VET OVER 40	DAVE ALLEMBY		60.49	CUDWORTH	1996
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NO OTHER AGE GROUPS KNOWN

LONG JUMP

MALE VET OVER 40	ADRIAN LUCAS	CHECK	3.82	DONCASTER	2009
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MALE VET OVER 45

MALE VET OVER 50	DAVE ALLEMBY	CHECK	2.01	DONCASTER	2009
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MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35	AMANDA HUNT		4.28	WOMBWELL	2003
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LADY VET OVER 40	AMANDA HUNT		4.33	DONCASTER	2009
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LADY VET OVER 45

TRIPLE JUMP

MALE VET OVER 40	ADRIAN LUCAS		8.20		2009
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MALE VET OVER 45

MALE VET OVER 50

MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35

LADY VET OVER 40	AMANDA HUNT		7.51	DONCASTER	2007
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LADY VET OVER 45

HIGH JUMP

MALE VET OVER 40

MALE VET OVER 45

MALE VET OVER 50

MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35

LADY VET OVER 40

LADY VET OVER 45

SHOT PUTT

MALE VET OVER 40

MALE VET OVER 45

MALE VET OVER 50	BRIAN SAGAR		6.39	WOMBWELL	1998
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MALE VET OVER 55

MALE VET OVER 60

LADY VET OVER 35	DIANE CHANDLER		7.39	WOMBWELL	2001
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LADY VET OVER 40

LADY VET OVER 45				
JAVELIN				
MALE VET OVER 40	MARK CHAPPELL	33.13	WOMBWELL	2005
MALE VET OVER 45				
MALE VET OVER 50	BRIAN SAGAR	24.50	WOMBWELL	2002
MALE VET OVER 55				
MALE VET OVER 60	BRIAN SAGAR	23.54	WOMBWELL	2008
LADY VET OVER 35				
LADY VET OVER 40				
LADY VET OVER 45				
DISCUS				
MALE VET OVER 40	MARK CHAPPELL	24.10	WOMBWELL	2005
MALE VET OVER 45				
MALE VET OVER 50				
MALE VET OVER 55	BRIAN SAGAR	17.65	WOMBWELL	2007
MALE VET OVER 60	BRIAN SAGAR	18.08	WOMBWELL	2008
LADY VET OVER 35	ANN MARIE COPLEY	19.31	WOMBWELL	2004
LADY VET OVER 40	AMANDA HUNT	CHECK	DONCASTER	2009
LADY VET OVER 45				
HAMMER				
MALE VET OVER 40				
MALE VET OVER 45				
MALE VET OVER 50				
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40				
LADY VET OVER 45				
3,000 METRES STEEPLECHASE				
MALE VET OVER 40				
MALE VET OVER 45	BRIAN SAGAR	13.10.2	CUDWORTH	1996
MALE VET OVER 50				
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40				
LADY VET OVER 45				
110 METRES HURDLES				
MALE VET OVER 40				
MALE VET OVER 45				
MALE VET OVER 50				
MALE VET OVER 55				
MALE VET OVER 60				
100 METRES HURDLES				
LADY VET OVER 35				
LADY VET OVER 40				
LADY VET OVER 45				
400 METRES HURDLES				
MALE VET OVER 40				
MALE VET OVER 45	BRIAN SAGAR	79.8	CUDWORTH	1996
MALE VET OVER 50				
MALE VET OVER 55				
MALE VET OVER 60				
LADY VET OVER 35				
LADY VET OVER 40				
LADY VET OVER 45				