

WOMBWELL SPORTING ATHLETIC CLUB B RANKINGS**2009**

PERCY PUD 10KMS TO ADD -SOME OF KINGEYS PERFORMANCES PROBABLY MISSING

Any times missing or listed wrong please contact Darren or Dave**ROAD****5 Miles ALL MEMBERS BEST PERFORMANCES**

CARL HULLETT		30.09	OXSPRING	8TH APRIL
ADRIAN LUCAS	V/O/40	31.31 P.B.	DONCASTER	15TH APRIL
DAVE ALLEMBY	V/O/50	31.38	DINNINGTON	13TH MAY
MATTHEW FEARN		32.41	WOMBWELL	15TH FEB.
ANDREW KING		32.56 P.B.	DINNINGTON	13TH MAY
TONY COLVILLE		34.08 P.B.	DINNINGTON	13TH MAY
GAIL COLVILLE	LV/O/40	34.52 P.B.	OXSPRING	8TH APRIL
SCOTT WILSON		35.32	DONCASTER	15TH APRIL
DANIEL HODGSON		37.34	WOMBWELL	15TH FEB.
JASON HOWELL		38.24	WOMBWELL	15TH FEB.
KATIE HOMSON		38.47 P.B.	DINNINGTON	13TH MAY
GRAHAM PARKES	V/O/40	41.00	WOMBWELL	15TH FEB.
LUCY HARRISON	GUEST	41.42 P.B.	DINNINGTON	13TH MAY
PAUL SENIOR	V/O/40	42.44	WOMBWELL	15TH FEB.
RACHEL YARWOOD	LVO/40	44.47 P.B.	DINNINGTON	13TH MAY

TOP 10 OPEN TIMES MEN

CARL HULLETT		30.09	OXSPRING	8TH APRIL
ADRIAN LUCAS		31.31	DONCASTER	15TH APRIL
DAVE ALLEMBY		31.38	DINNINGTON	13TH MAY
DAVE ALLEMBY		31.40	DONCASTER	15TH APRIL
ADRIAN LUCAS		31.49	OXSPRING	8TH APRIL
ADRIAN LUCAS		31.55	DINNINGTON	13TH MAY
DAVE ALLEMBY		32.03	WORSBOROUGH	22ND APRIL
DAVE ALLEMBY		32.10	WOMBWELL	15TH FEB
ADRIAN LUCAS		32.18	WORSBOROUGH	22ND APRIL
DAVE ALLEMBY		32.21	OXSPRING	8TH APRIL

TOP 10 OPEN TIMES LADIES

GAIL COLVILLE		34.52 CR	LV/O/40 OXSPRING	8TH APRIL
GAIL COLVILLE		35.39	DINNINGTON	13TH MAY
KATIE HOMSON		38.47	DINNINGTON	13TH MAY
KATIE HOMSON		40.22	WOMBWELL	15TH FEB
KATIE HOMSON		41.39	WORSBOROUGH	22ND APRIL
LUCY HARRISON	GUEST	41.42	DINNINGTON	13TH MAY
KATIE HOMSON		41.55	DONCASTER	15TH APRIL
RACHEL YARWOOD		44.47	DINNINGTON	13TH MAY
RACHEL YARWOOD		45.55	WORSBOROUGH	22ND APRIL
RACHEL YARWOOD		46.09	WOMBWELL	15TH FEB

SPENCERS DASH - ALL PERFORMANCES MEN

DARREN NAYLOR		23.53		APRIL
DAVE ALLEMBY	V/O/50	24.25		APRIL
DAVE ALLEMBY		24.27		JUNE
DAVE ALLEMBY		24.35		MAY
ADRIAN LUCAS	V/O/40	24.57 PB		MAY
TONY COLVILLE		26.26 PB		APRIL
SCOTT WILSON		26.53 PB		MAY
SCOTT WILSON		29.07		APRIL

TOP 10

DAVE ALLEMBY	24.17	July
SCOTT WILSON	29.12	July

HALF MARATHON -ALL PERFORMANCES

DAVE ALLEMBY	88.57	SHEFFIELD	26TH APRIL
ADRIAN LUCAS	89.47	LIVERPOOL	29TH MARCH
CARL HULETT	90.24	LONDON SPLIT	26TH APRIL
DAVE ALLEMBY	92.24	YORK B.M.	18TH JAN
ADRIAN LUCAS	93.24	EAST RETFORD	22ND MARCH
ADRIAN LUCAS	93.35	SHEFFIELD	26TH APRIL
ANDREW KING	95.47	SHEFFIELD	26TH APRIL
GAIL COLVILLE	99.31	SHEFFIELD	26TH APRIL
ADRIAN LUCAS	99.39	HUMBER BRIDGE	14TH JUNE
SCOTT WILSON	103.26	REDCAR	19TH APRIL
SCOTT WILSON	104.23	SHEFFIELD	26TH APRIL

10KMS ALL MEMBERS BEST PERFORMANCES

DAVE ALLEMBY	V/O/50	39.54	ASKERN	20TH MAY
ANDREW KING		42.27 PB	ASKERN	20TH MAY
TONY COLVILLE		43.16 PB	SANDAL BEAT	17TH JUNE
GAIL COLVILLE	CR/ LV40	44.39 PB	ASKERN	20TH MAY
SCOTT WILSON		45.05	SANDAL BEAT	17TH JUNE
KATIE HOMSON		49.26 PB	ASKERN	20TH MAY
ADRIAN LUCAS	V/O/40	49.28	ASKERN	20TH MAY

TOP 10 OPEN TIMES MEN

DAVE ALLEMBY	39.54	ASKERN	20TH MAY
DAVE ALLEMBY	40.05	DEWSBURY	1ST FEB
DAVE ALLEMBY	41.20	SANDAL BEAT	17TH JUNE
ANDREW KING	42.27	ASKERN	20TH MAY
TONY COLVILLE	43.16	SANDAL BEAT	17TH JUNE
TONY COLVILLE	43.26	ASKERN	20TH MAY
SCOTT WILSON	45.05	SANDAL BEAT	17TH JUNE
ADRIAN LUCAS	42.06	BARNESLEY	15TH NOV
DAVE ALLEMBY	41.45	CUSWORTH	27TH SEPT
DAVE ALLEMBY	46.13	BARNESLEY	15TH NOV

CHECK KINGEYS TIMES !!!

TOP 10 OPEN TIMES LADIES

GAIL COLVILLE	44.39	ASKERN	20TH MAY
GAIL COLVILLE	45.21	SANDAL BEAT	17TH JUNE
KATIE HOMSON	49.26	ASKERN	20TH MAY
GAIL COLVILLE	46.09	CUSWORTH	27TH SEPT
GAIL COLVILLE	46.13	BARNESLEY	15TH NOV

SPENCERS DASH ALL PERFORMANCES LADIES AT TOP 10

GAIL COLVILLE	CR/LV40	26.52 PB	APRIL
GAIL COLVILLE		27.22	JUNE
GAIL COLVILLE		27.29	MAY
RACHEL YARWOOD	LV/O/40	32.41 PB	JUNE
RACHEL YARWOOD		35.13	MAY
RACHEL YARWOOD		39.38	APRIL
GAIL COLVILLE		27.13	July
GAIL COLVILLE		26.41	Aug
GAIL COLVILLE		27.44	SEPT
KATIE HOMSON		30.29	Aug

10 MILES ALL

DAVE ALLEMBY		73.31 TICKHILL	17TH MAY
SCOTT WILSON		82.21 TICKHILL	17TH MAY
DAVE ALLEMBY		67.11 ASKERN	9TH AUG
GAIL COLVILLE		77.18 ASKERN	9TH AUG
KATIE HOMSON		87.45 ASKERN	9TH AUG
ANDREW KING		87.46 ASKERN	9TH AUG

MARATHON

CARL HULETT	3.31.22	LONDON	26TH APRIL
SCOTT WILSON	4.26.59	EDINBURGH	31ST MAY

5KMS ALL

DAVE ALLEMBY		19.24 PRINCE IN PARK	
GAIL COLVILLE	CR LV O/40	21.57 PRINCE IN PARK	
SCOTT WILSON		22.17 PRINCE IN PARK	
DAVE ALLEMBY	CRVO/50	18.54 DONCASTER	
SCOTT WILSON		21.07 DONCASTER	
GAIL COLVILLE	CRLVO/40	21.23 DONCASTER	